

**SPORTS CENTER**  
 31224 Union City Blvd.  
 Union City, CA 94587  
 P: 510.675-5808  
 F: 510.489.8620  
 www.unioncity.org



**Hours of Operation**  
**Monday - Friday**  
 5:30 a.m. to 9:00 p.m.  
**Saturday & Sunday**  
 7:00 a.m. to 12 p.m.

## Fee & Membership Information

Benefits of Membership:

- ❖ Free Group Exercise classes, including Aerobics, Boot Camps, Kickboxing, Yoga, Zumba & Senior Fitness.
- ❖ Free use of Open Gym times – Available for Basketball, Volleyball, Badminton and Table Tennis.
- ❖ Free use of the Fitness Center which proudly offers LifeFitness cardio equipment and exercise systems.
- ❖ Discounts on specialty Fitness Classes, Personal Training & Special Events.
- ❖ Ask about our **Loyalty Program** for continuous members!

TYPE	DESCRIPTION	UC RESIDENT	NON-RESIDENT
Annual Adult Membership	12 month membership for adults 18 years or older.	\$325	\$360
Annual Dual Adult Membership	12 month membership for two (2) adults 18 years or older who share the same address.	\$570	\$620
Annual Flex-Time Membership	Limited Access 12 month membership for adults 18 years or older. <b>May only used during non-prime time hours, Monday – Friday, 5:30 am – 3 pm, and anytime on the weekends.</b>	\$199 <b>Fall special until 10/31/19</b>	\$224 <b>Fall special until 10/31/19</b>
Annual Family Membership	12 month membership for families consisting up to two (2) adults and unlimited number of children (under the age of 23 years), all living at the same address. <i>For children over the age of 18 to be consider as part of the family membership, they must be claimed as dependents and be full-time students.</i> <b>*See Youth Use Policy for restrictions regarding youth activities.</b> <b>*Childcare is available for children 11 years &amp; younger.</b>	\$625	\$695
Annual Youth Membership	12 month membership for youth and teens between 11 – 17 years. <b>*See Youth Use Policy for restrictions regarding youth activities.</b>	\$100	\$115
3 Month Adult Membership	3 month membership for ages 18 years or older.	\$120	\$135
3 Month Youth Membership	3 month membership for ages 11 – 17. <b>*See Youth Use Policy for restrictions regarding youth activities.</b>	\$50	\$60
20 Visit Adult Membership	20 visits for adults ages 18 years or older. <i>Visits are valid for up to 2 years from date of issue, or will be converted to future credit.</i>	\$105	\$130
Senior 20 Visit Membership	20 visits for Seniors ages 55 years or older. <i>Visits are valid for up to 2 years from date of issue, or will be converted to future credit.</i>	\$80	\$100
Daily Drop-In Use	Single visit includes full access to Fitness Room and Equipment, Group Exercise classes, and Open Gym for ages 16 and older. <b>* Ages 11-15 may ONLY participate in supervised youth activities and classes or Youth Open Gym with a parental consent form on file, or must be accompanied by an adult. Please refer to the Youth Use Policy for more details.</b>	Adult \$7 Youth \$5	Adult \$12 Youth \$10

**CORPORATE MEMBERSHIP-** Special corporate membership rates are available for local businesses and organizations of groups of 8 or more.. Contact Corina Hahn at 510-675-5277 for more information.

**PLEASE NOTE:** A VALID PHOTO ID, DRIVER'S LICENSE, MEMBERSHIP CARD OR STUDENT ID are required for entry into the Sports Center, NO EXCEPTIONS!

JR. GYMSTERS CHILD CARE	# of Visits	Price
Jr. Gymsters provides Child Care for parents who are utilizing the fitness programs at the Union City Sports Center. Parents must stay on the premises.	1	\$10
<b>Monday</b> 8:30 am– 12:15 pm & 5:15 pm– 7:30 pm <b>Tues Wed &amp; Thurs</b> 8:15 am– 11:00 am & 5:15 pm– 7:30 pm <b>Friday</b> 8:15 am– 11:00 am <b>Saturday</b> 9:15 am– 11:15 am <b>Sunday</b> None	10	\$70
	20	\$100

PERSONAL TRAINING <small>*Rates displayed are for Sports Center Members Only</small>	1 Session	4 Session	8 Session	15 Session
<b>Individual Adult</b>	\$60	\$210	\$400	\$725
<b>Dual Adult</b>	\$90	\$340	\$500	\$850

YOUTH TRAINING <small>*Rates displayed are for Sports Center Members Only</small>	2 Session	4 Session	8 Session	15 Session
<b>Individual Youth</b>	\$110	\$210	\$385	\$710
<b>Small Group Youth</b>	\$130	\$250	\$475	\$850

\*45 minute session for ages 10-17. Parent or Guardian must remain on premises during trainings.

\*Please fill out a Personal Training request form at the Front Desk to be matched with a trainer that fits your availability.

## YOUTH POLICY AGE RESTRICTIONS

GYMNASIUM	FITNESS ROOM / AEROBICS ROOM
<ul style="list-style-type: none"> <li>Must have parental consent form &amp; emergency contact on file. Must have a youth membership card or drop-in card to enter.</li> <li><b>Ages 15 &amp; Under</b> must be accompanied by adult/guardian 18 years or older outside of Youth Open Gym hours.</li> <li><b>Ages 15 &amp; Under</b> NO ENTRY before 12 pm unless accompanied by Adult or Guardian</li> <li><b>Ages 16 &amp; Up</b> have anytime access to SC facilities</li> <li>For Information on Youth Open Gym times, please see gymnasium schedule.</li> </ul>	<ul style="list-style-type: none"> <li><b>Ages 15 &amp; Under</b> CANNOT use the Fitness Room unless they have completed the Teen &amp; Fit program or have completed 4 sessions with a Personal Trainer. Personal Training &amp; membership</li> <li>Must have parental consent form &amp; emergency contact on file. Must have a youth membership card or drop-in card to enter.</li> <li>Must carry the youth fitness access while working out. fees apply. (Please see info below for more information)</li> <li>Ages 13-15 may have access to dance classes at the discretion of the Aerobics instructor.</li> <li><b>Ages 16 &amp; Up</b> have anytime access to SC facilities</li> </ul>

### \*\*Youth Fitness Access Pass\*\*

- This pass is awarded **after successful completion** of four (4) Youth Personal Training Sessions **OR** the Teen & Fit Program. Personal Training & Membership FEE's still apply.
- Youth Fitness Access Pass may be revoked if staff observes unsafe or inappropriate behavior or actions.
- Youth Fitness Access Pass holders **may use the Fitness Room anytime while accompanied by a parent or guardian** or during these times: Monday—Thursday: 3pm –6pm / Friday 3pm-8pm/ Saturday & Sunday 9 am—12 noon.

## PAYMENTS

Memberships may be paid by Cash, Check, Money Order, Visa, MasterCard, or Discover. A two-part payment plan or monthly payment plan are available for full-priced Annual Memberships only.

Certain restrictions may apply.

**Please Note:** There are no refunds on memberships.