

**Meals on Wheels**  
60 Tammy Duran 了解更多信息: [tduran@fremont.gov](mailto:tduran@fremont.gov) 或  
510.574.2086

**TCV Food Bank** 周一 13:30 **Ruggieri** 33997 Alvarado Niles Rd  
袋 包含 Kellie Barron  
[mobile@tcvfoodbank.org](mailto:mobile@tcvfoodbank.org) 或 510.303.2349

**Spectrum Services Inc.** 每 **Ruggieri** **33997 Alvarado Niles Rd**  
。不强制收费, 但鼓励大家捐赠3.75美元作为善款 65 24  
[ruggieriseniorcenter@unioncity.org](mailto:ruggieriseniorcenter@unioncity.org) 510.675.5495

**Sikh Food Pantry** 订餐 送餐 专  
[www.tinyurl.com/sikhfoodpantry](http://www.tinyurl.com/sikhfoodpantry) [tarun45@gmail.com](mailto:tarun45@gmail.com)

特定 Safeway、Costco、Target、Smart & Final Foodmaxx  
会有所 具体

**Centro de Servicios** 11 33750 6th St.  
510.489.4100

**Daily Bowl** Paddy Iyer  
[paddy@dailybowl.org](mailto:paddy@dailybowl.org) 或 510.599.6467

New Haven Unified School  
James Logan High、Cesar Chavez Middle、Alvarado Elementary 和 Hillview  
Crest Elementary School 9:00 12:00 \_ \_ \_ pdf

**CAREavan** Ruggieri 开展 Our Lady of the Rosary Church 开展  
Brown Temple 开展

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( Alameda County Behavioral Health )

[“在非常时期如何管理情](#)