

Food Distribution

Centro de Servicios: Distributing food Tuesdays through Friday at 33750 6th St, starting at 10:00 AM. Call 510.489.4100.

Our Lady of the Rosary: Bagged dinners on Fridays from 6:00 PM to 7:00 PM, 703 C St

St. Vincent DePaul: Food pantry, Monday through Friday. Call 510.706.5852, 3777 Decoto Rd

Tri-City Volunteers: Distributes food on the 1st and 3rd Mondays of the month, 1:00 PM to 2:30 PM, at the Ruggieri Senior Center (33997 Alvarado-Niles Rd). Call 510.675.5495 or email mobile@tcvfoodbank.org.

Spectrum Services Inc: Bagged lunches for seniors at the Ruggieri Senior Center, Mondays through Thursdays at 12:00 PM. \$3.75 donation preferred. Must be 65 years or older, must make reservation 24 hours in advance. Reserve by calling 510.675.5495 or email ruggieriseniorcenter@unioncity.org.

Safety Resources for Domestic Violence

Safe Alternatives to Violent Environments (24-hr): IF IT IS NOT SAFE TO CALL: email the organization, Narika: narika@narika.org
510.794.6055

Safe Place Emergency Shelter Program: Bay Area Women Against Rape hotline:
510.536.7233 510.845.7273

Youth & Family Services (counseling/case management support): For child abuse, call this hotline: 510.259.1800
510.675.5617 or yfs@unioncity.org For elder abuse, call this hotline: 510.577.3500 or 1.800.225.5277



Friendly Phone Calls Offered by Alameda County

Alameda County Crisis Support Services is providing daily courtesy phone calls to homebound seniors during the COVID-19 crisis. If you'd like to receive a "friendly" call, dial 1.800.260.0094.



34009 Alvarado-Niles Road
Union City, CA 94587

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Coronavirus Edition - Spring 2020

City Newsletter

Stay Informed with Union City during the Pandemic:



- Go to unioncity.org/coronavirus
- Follow the City of Union City, CA on Facebook, Twitter Instagram & Nextdoor
- Watch UCTV Channel 15
- Subscribe to our e-newsletter at unioncity.org/e-newsletter
- Use #UCStayConnected

Let us know your questions & concerns:



- Call our hotline at 510.675.5327
- Email us at covid19@unioncity.org



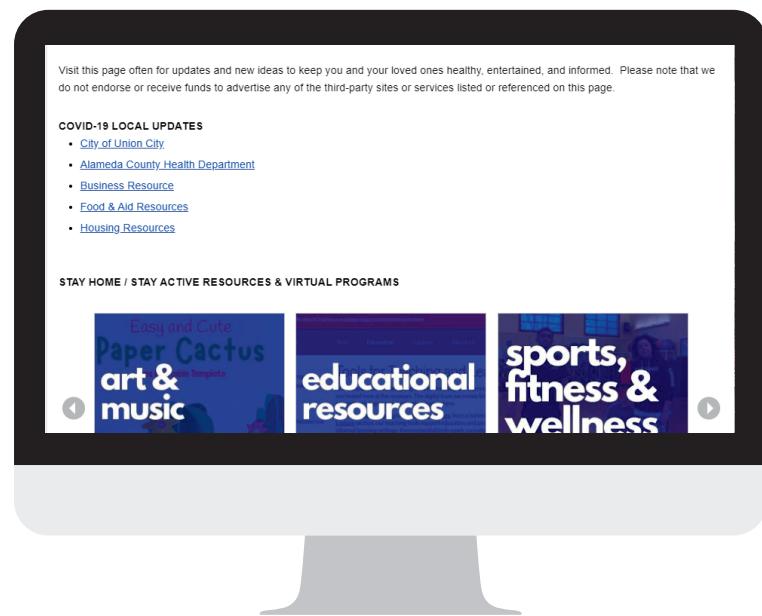
IN THIS ISSUE:

- Launch of our Virtual Recreation Center
- Take our Survey on the Coronavirus Pandemic
- COVID-19 scams
- Ways for people and businesses to help
- Food, aid, and safety during COVID-19

*For complete information translated in Tagalog, Spanish and Mandarin, go to unioncity.org/coronavirus



#UCStayConnected with our New Virtual Recreation Center



The Community and Recreation Department is excited to bring exercise, art and education classes straight to you in your home through our new virtual recreation center!

You can find our new virtual recreation center at unioncity.org/UCStayConnected. There will be options for people of all ages and life stages. We will also be streaming recreation videos throughout the day on UCTV Channel 15 for Comcast subscribers.

We hope you enjoy these videos and more importantly, we hope that it brings you a sense of connection to your City at this time.

Beware: COVID-19 Scams

Criminals continue to look for creative ways to take advantage of others, including our seniors, during this vulnerable time. Recent reports from the Better Business Bureau (BBB) have shown seniors are receiving text messages from scammers posing as the U.S. Department of Health. These criminals continue to use many forms of communication (text messages, emails, letter, phone calls, etc.) in their attempts to exploit others. The Better Business Bureau's website - www.bbb.org/council/coronavirus - contains a complete list of all scams, but here are a few to look out for:

- Scammers targeting seniors about taking a mandatory online COVID 19 test in order to receive their stimulus check.
- Fake emails that solicit personal and/or payment information and may even appear to be from a legitimate business.
- People who promise to shop for seniors and then take off with the money.
- People claiming to sanitize homes to keep seniors safe from being infected by COVID 19.



How has the Coronavirus Pandemic Impacted You?
Take Our Survey: unioncity.org/CoronavirusSurvey

We need your help!

We are seeking donations from residents and businesses to help support our growing emergency operation, which includes keeping our first responders and emergency workers safe. We are asking for the following:

- N95 masks
- Hand sanitizer
- Disposable face shield
- Disposable gowns
- Lysol disinfecting wipes
- Disinfecting sprays
- Disposable boot covers
- Bottled water

Email: covid19@unioncity.org
Call: 510.675.5327
Go to: unioncity.org/coronavirus

Useful Resources & Information

Ban Placed on Utility Disconnects

The California Public Utilities Commission bans all public utility disconnects. Check with your local gas, electric, water and sewage providers for more info.

Meal Deliveries

Meals on Wheels: Delivers meals to home-bound seniors during weekdays and frozen meals for weekends, for a fee. Recipients must be age 60 or over and must make reservations in advance. Contact Tammy Duran for information: tduran@fremont.gov or 510.574.2086.

Sikh Food Pantry: Taking online food orders for home delivery. This service is for seniors and those who are unable to leave their homes. Order online www.tinyurl.com/sikhfoodpantry.

Shopping Hours for Seniors & At-Risk People

- **Costco:** 8:00AM - 9:00AM; Tues, Weds, Thurs
- **Lukcy's:** 7:00AM - 9:00AM; Tues & Thurs
- **Target:** 8:00AM - 9:00AM; Tues & Weds
- **Smart & Final:** 6:00AM - 8:00AM; Tues & Thurs
- **FoodMaxx:** 6:00AM - 9:00AM; Tues & Thurs
- **Marina Food:** 8:30AM - 9:30AM; Tues & Thurs
- **Walmart:** 6:00AM - 7:00AM; Tues

****Please call or check grocery store websites, as times are subject to change.**



Many phone, internet and cable service providers are offering major discounts, have halted disconnects during the Coronavirus Pandemic and are offering free services to qualifying people. Contact your providers to learn more.