



# SOAC WATER POLO CLUB

## 2020 Summer Camp

### 12u CO-ED

07/02/2020 - 08/02/2020

SoAC is a USA Water Polo program for all ages and abilities. We strive to create a program that teaches water polo fundamentals in an environment that develops character, self-esteem, team work, the competitive spirit, and a strong work ethic in all aspects of life.

MUST BE A MEMBER OF USA WATER POLO TO PARTICIPATE IN TOURNAMENTS.

Go to [www.usawaterpolo.org](http://www.usawaterpolo.org) to register for a membership (this fee is separate from the season fee).

**Fee: Union City residents \$115/ Non-Residents \$120**

Practice Times: 12u Coed 6:00 pm – 9:00 pm

Sessions will occur Sunday through Saturday on a weekly basis and each session will run 90 minutes in length. Each group will have four practices a week which can consist of in the pool workouts or dry land.

Groups/practice times will be assigned by coaches after registration based on experience / skill level.

Location: Dan Oden Swim Complex  
33901 Syracuse Ave Union City

Registration Code: SU20AQ-903

**REGISTER FOR SOAC ONLINE AT [unioncity.org/reg](http://unioncity.org/reg)  
(under the AQUATICS TAB)**

Contact SoAC Club Coordinator Trinity Gerome  
[soac.coachtrinity@gmail.com](mailto:soac.coachtrinity@gmail.com) for more information.



# SOAC WATER POLO CLUB

## 2020 Summer Camp

### All Age Groups

**\*Important Information\***

These summer water polo camps will be composed of groups of 10 - 12 athletes and there will be no moving of athletes from one group to another from day to day. Sessions will occur Sunday through Saturday on a weekly basis and each session will run 90 minutes in length. Each group will have four practices a week which can consist of in the pool workouts or dry land.

Groups/practice times will be assigned by coaches after registration based on experience / skill level.

Water Polo camp will begin July 6th and ends August 2nd.

#### **Registration Deadline: June 28th**

Parents & athletes will receive practice times within the time allotted in the description. These practice times will be emailed to you by the end of the day **Monday, June 29th.**

ALL REGISTRATION NEEDS TO BE DONE ONLINE IN ADVANCE BY SUNDAY JUNE 28th IN ORDER TO BE PLACED IN THE CORRECT PRACTICE TIME.

**We will be enforcing all social distancing guidelines.** Please bring to practice the first day; a signed waiver and a signed procedures/protocol guideline. You will find these documents as an attachment with your registration receipt.

*All practices held at Dan Oden Swim Complex 33901 Syracuse Ave Union City, CA 94587*



# SOAC WATER POLO CLUB

## 2020 Summer Camp

### High School Boys 16u-18u

07/02/2020 - 08/02/2020

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**Fee: Union City residents \$115/ Non-Residents \$120**

Practice Times: High School Boys 16u-18u 7:30 am – 1:30 pm

Sessions will occur Sunday through Saturday on a weekly basis and each session will run 90 minutes in length. Each group will have four practices a week which can consist of in the pool workouts or dry land.

Groups/practice times will be assigned by coaches after registration based on experience / skill level.

Location: Dan Oden Swim Complex  
33901 Syracuse Ave Union City

Registration Code: SU20AQ-901

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# SOAC WATER POLO CLUB 2020 Summer Camp

## High School Girls 14u-18u

07/02/2020 - 08/02/2020

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**Fee: Union City residents \$115/ Non-Residents \$120**

Practice Times: High School Girls 14u-18u 1:30 pm – 6:00 pm

Sessions will occur Sunday through Saturday on a weekly basis and each session will run 90 minutes in length. Each group will have four practices a week which can consist of in the pool workouts or dry land.

Groups/practice times will be assigned by coaches after registration based on experience / skill level.

Location: Dan Oden Swim Complex  
33901 Syracuse Ave Union City

Registration Code: SU20AQ-900

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# SOAC WATER POLO CLUB 2020 Summer Camp

**14u Boys**

07/02/2020 - 08/02/2020

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**Fee: Union City residents \$115/ Non-Residents \$120**

Practice Times: 14u Boys 6:00 pm – 9:00 pm

Sessions will occur Sunday through Saturday on a weekly basis and each session will run 90 minutes in length. Each group will have four practices a week which can consist of in the pool workouts or dry land.

Groups/practice times will be assigned by coaches after registration based on experience / skill level.

Location: Dan Oden Swim Complex  
33901 Syracuse Ave Union City

Registration Code: SU20AQ-902

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